

Newcomers

GUIDE





FACILITY

DSN Number Bldg # Map Code

DIRECTORY

• Administration	264-3781	978	B3
- Personnel	264-4677	978	
- Marketing	264-3574	978	
• Atsugi Lanes	264-3790	77	B4
• Child & Youth			
- Child Development Center	264-3524	3250	D5
- CYP Admin	264-3588	3250	D5
- School Liaison Officer	264-4732	294	C5
- Teen Center	264-6381	294	C5
- School Age Care Center	264-3878	286	D5
- Youth Sports	264-3826	3250	D5
• Cinema 77		77	B4
- Cinema 77 Office	264-4538	77	B4
• Community Recreation (formerly Corner Pocket)	264-3782/4652	77	B4
• Galley	264-3768	983	A4
• Gear Rental (formerly Outdoor Rec)	264-6205	978	B3
• Golf Course			D3
- Golf Course/Pro Shop	264-3709/3779	1460	
- The 19th Hole	264-3572	1460	
• Gymnasiums/Fitness Centers			
- Halsey Gym	264-3847	70	C3
- 24 Hour Gym (Halsey)	264-3847	407	C3
- Ranger Gym	264-6160	3076	B5
• Hobby Shops			
- Auto Skills	264-3780	423	(East Gate)
• Kennel	264-5366	26	A2
• Liberty Center	264-4750	77	B4
• Library	264-3776	949	C4
• Parcheezi's Pizza & Pasta	264-6383	77	B4
• Pool, Indoor	264-6165	3076	A5
• Pool, Outdoor	264-4903	52	B4
• Tours & Travel	264-3786/3770	978	B3
• Tanuki Tavern		495	B2
• Trilogy	264-3736/3738	1300	A3
- Catering	264-3616/3736		
- First & Ten			
- Skywriters & Smokey's			
- Bistro Factory			

Calling from a mobile device:

0467-63-XXXX (last 4 digits of the DSN number)

NAF Atsugi

• Base Information	0 (DSN)	046-763-1110 (Mobile)	
• Security Police			
- Emergency	119		
- Non-Emergency	264-3200	22	
• Air Terminal Flight Info	264-3801		
• Chapel	264-3202	79	B4
• Commissary	264-3257/3449	1306	B3
• Community Bank	264-6300	75	B3
• Navy Federal (NFCU)	888-842-6328	75	C3
• Driver's License	264-3794	146	D5
• Human Resources Office	264-3213	28	A2
• Legal	264-3692	949	C4
• Medical		21	A2
- Front Desk	264-3959		
- Appointments	264-3958		
- Dental	264-3612		
• Narita Shuttle	264-3372/3628	92	C4
• Navy College	264-3280	987	B4
• Navy Exchange	264-3719/3721	958	A3
• Navy Lodge	264-6880	946	B4
• Personnel Service Desk (PSD)	264-3074	71	C3
• Post Office	264-3239	37	A3
• Vehicle Registration (VRO)	264-3805	22	B2
• Fleet & Family Support Center (FFSC)		949	C4
- Main Office	264-3372/3628		
- Family, Advocacy and Counseling	264-4188		
• Housing	264-3795	84	C4

MWR DINING choices

Skywriters Bakery Café

Trilogy (bldg. 1300) • 264-3736

Skywriters features gourmet sandwiches, tasty paninis, fresh salads, premium coffee and tea, desserts and more.



Smokey's BBQ

Trilogy (bldg. 1300) • 264-3736

Feast on Smokey's beef brisket, pulled pork, barbecue chicken, and more.



The Bistro Factory

Trilogy (bldg. 1300) • 264-3736

How about a ribeye steak or the catch of the day? Enjoy a traditional sit-down dining experience at Trilogy's Bistro Factory.



Parcheezi's Pizza & Pasta

(bldg. 77) • 264-6383

Choose from a collection of house favorites and specialty pizzas, calzones, strombolis, pasta and wings!



The Galley

(bldg. 983) • 264-3768

Also known as the Far East Café, the Galley offers essential nutrition for the active duty Sailor. Look for special occasion Galley advertising for all hands dining!



First & Ten

Trilogy (bldg. 1300) • 264-3736

Relax at Trilogy's American-style sports bar with a co-located gaming center. Order food off the Skywriters or Smokey's menus.



Tanuki Tavern

(bldg. 495) • 264-3736

The Tanuki Tavern is open to officers, warrant officers, enlisted ranks E-7 and above, civilian equivalents, and their guests. Enjoy a full-service bar, billiards, darts, and shuffleboard.



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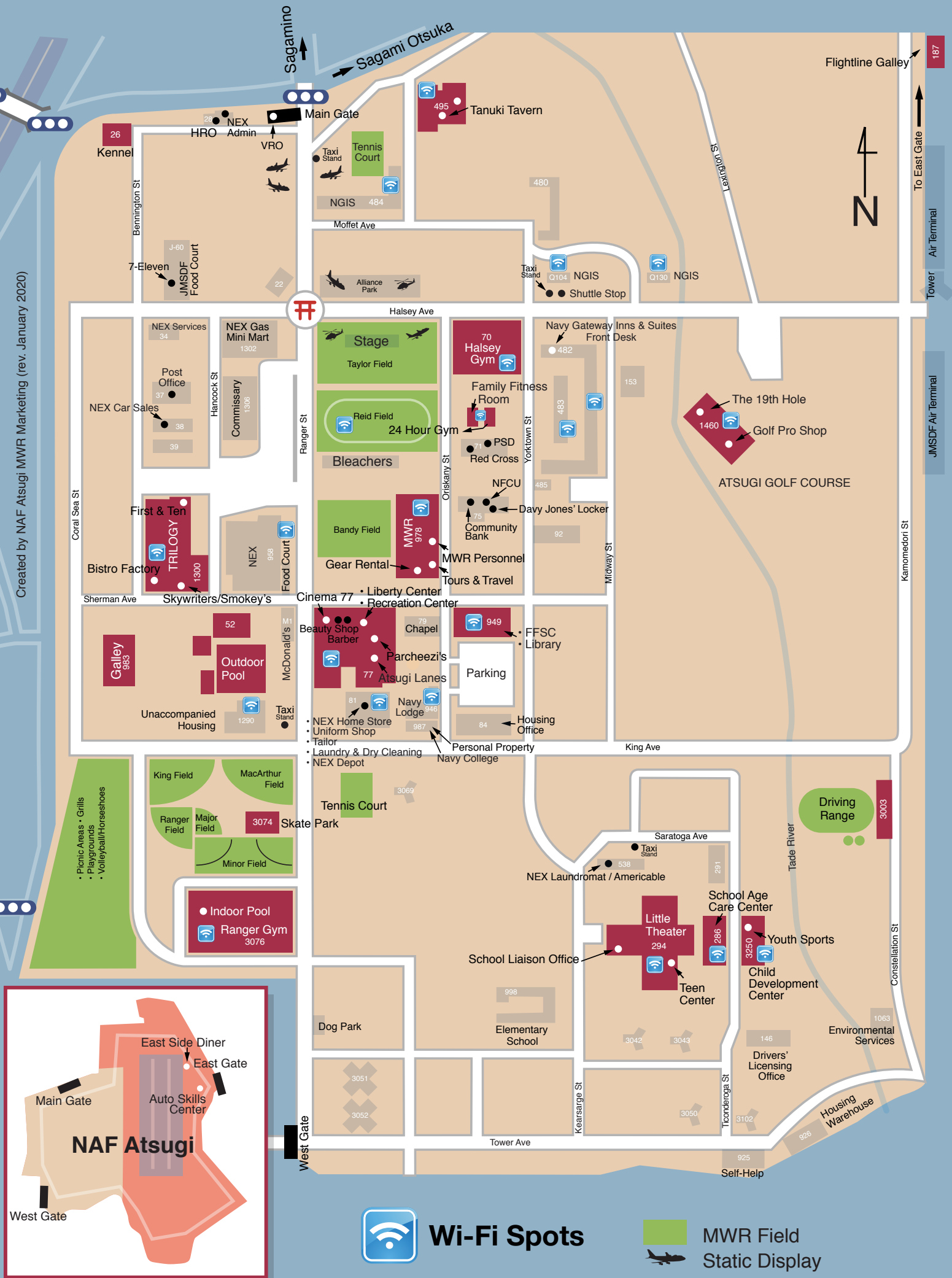
Website





Welcome to NAF Atsugi, Japan

Created by NAF Atsugi MWR Marketing (rev. January 2020)



NAF Atsugi MWR — Newcomers Guide

A quick-start guide for individuals and families new to NAF Atsugi, Japan.

You've finally made it!

Yokoso! (This means “welcome” in Japanese.)

You're here in Japan, at last — and probably exhausted after the long flights, sleepless nights, and the disorienting *newness* of everything around you. In the distance looms Mt. Fuji's majestic peaks, a beacon to new adventures. And... wait, is that a 7-*Eleven* on base?

While you may be far from home, we at **Atsugi MWR** want you to *feel* like home. From dining and childcare to fitness and recreation, our programs are aimed at delivering *the best* to those who matter *the most*: you!

From here on, this tour is self-guided, so go *explore* all that **MWR** has to offer during your time here. Just *scroll below* for a brief explanation of an **MWR** facility or program available to you now at **NAF Atsugi**.

And if you have any questions, find us on [Facebook](#) and send us a message. We're here to help. Welcome to new adventures...

Dining Fitness Swimming Pool Adult Sports Golf Movies Special Events Community Rec Center Bowling Liberty Program Tours & Travel Gear Rental Library Auto Skills Boarding Kennel Child & Youth Services

Dining

“First we eat... then we do everything else.” — M.F.K. Fishers

Is food the key to happiness? The question has puzzled wise men and women for centuries, and yet I dare you to find a smile on the face of someone with an empty stomach.

Luckily, hunting for our food is not necessary here on **NAF Atsugi**. It's also “not even remotely legal,” according to our legal experts, though you can save yourself the hassle by shopping for a meal like a civilized member of our community at a number of locations on base — all relatively close to the main gate.

- **Trilogy** in Building 1300 is your home base for eat-in, take-out, and curbside/home delivery dining. Inside, you'll find [Skywriters Bakery](#), [Cafe](#) (featuring Starbucks coffee), [Smokey's BBQ](#), [First & Ten](#) (an all-hands sports bar), [Bistro Factory](#) and a Catering Office. See our [Trilogy page](#) for details on how to order.
- **The Far East Cafe** — or *The Galley* — is located in Building 983 (behind the barracks). Open to all active duty personnel attached to NAFA tenant commands, and more, **The Galley** offers a 21-day menu cycle along with a speed line and deli bar. It also hosts special meals monthly for both active duty and civilians you will want to check out!
- **Parcheezi's Pizza & Pasta** carries a selection of Italian favorites including specialty pizzas, calzones, stromboli, pasta, and wings. *What's so cool about it?* Well, they're located in Building 77 along with the [Bowling](#), [Liberty](#), and [Community Recreation Centers](#) and [Cinema 77](#), so you don't have to worry about finding something to do after a **Parcheezi's** pizza party! *And What's even cooler?* They deliver, too. Check out [their page](#) for more details.
- **The Tanuki Tavern** offers a full-service bar, billiards, darts, and shuffleboard to E-7 & above, civilian equivalents and their spouses. It's located in Building 495 on Independence Street.

Fitness

One of the best perks of living on (or near) a military base is the free access to fitness facilities. We're talking cardio and weight machines, free weights, high-intensity interval

training gear, and more. With no memberships and cheap to pay-nothing group fitness classes... what's not to love? Take advantage of these facilities while you're here, and join our **Atsugi Fitness Facebook community** if you need a little extra motivation.



NAF Atsugi Strongman Competition. Photo by E. Evans

- **Ranger Fitness Center** (Building 3076) is located just across the street from the **Ranger Park Ballfields**. Here you will find a variety of equipment, including dumbbells, a power rack, Olympic-style bench presses, Smith machines, and more. It's also home to the **Indoor Pool**. Click [here](#) for current hours and fitness center policies.
- **Halsey Fitness Center** is located across the street from **Taylor Field**. It offers the same variety of fitness equipment as **Ranger Fitness Center**, plus a **Family Fitness Room** where you can work out while watching your kids play in the children's area. Click [here](#) for current hours and fitness center policies.

Swimming Pool

“If you want to learn to swim jump into the water. On dry land no frame of mind is ever going to help you.” — Bruce Lee



Swim with Santa Event at Ranger Indoor Pool.

Swimming is possible *year-round* at **NAF Atsugi**. As mentioned above, **Ranger Indoor Pool** is located inside **Ranger Fitness Center**, with an eight-lane 25-meter pool that's open for morning laps, swim classes, recreational swim and more. Visit the [Aquatics page](#) for more info.

The **Outdoor Pool** (Building 52) is open seasonally during the summer. Here, you will enjoy a 50-meter lap and open swim pool with a diving well, waterslide, and kiddie pools. Loungers and picnic tables are available free of charge. [Click here](#) for more info.



Wibit Day at the Outdoor Pool.

Adult Sports

In normal times, the **Adult Sports** program offers Captain's Cup and Open leagues in various sports, including basketball, softball, soccer, volleyball, flag football, tennis, bowling, and more. If those sports are too mainstream for your lifestyle, don't fret because they also host short-term events and tournaments covering darts, table tennis, and various skills competitions.



Annual Army-Navy Football Game at NAF Atsugi. Photo by E. Evans

Golf

Just west of the flight-line, you'll find the **NAF Atsugi Golf Course** with its “stunning tree-lined holes, picturesque par threes, and several accessible par 5’s that make for a fantastic round of golf.” Visit the **Golf Pro Shop** just inside the **NAF Atsugi Golf Club** (Building 1460) where you can purchase major brand golf equipment and accessories, or grab a snack to go. You can also speak with our PGA Certified Golf Professional for tips and tricks, and learn about the **Golf Club’s** monthly tournaments!

There’s a **Driving Range** located south of the **Golf Pro Shop**, about a two-minute drive following the perimeter of the **Golf Course**. It’s great for you night owls! Since the Range is open until 10 p.m. every night, you can escape the summer heat and hone your technique beneath the bright lights. Or you can extend your practice time in the cooler seasons at the **Driving Range**.



Don't forget to follow the [**NAF Atsugi Golf Club Facebook page**](#) — and visit our [Golf Page](#) for a PDF list of *Frequently Asked Questions* available under *Downloads* at the bottom.

Movies

Sometimes you need an escape from reality. Sure, you could fire up your beloved streaming service of choice at home and spend hours flipping through movie titles you will probably never watch, only to doze off five minutes into your winning film's runtime. Or, you could kick it old school and visit [**Cinema 77**](#) — our traditional yet fully-digital *Movie Theater* in Building 77.

Not only do we pick the movies for you, but there's popcorn and candy for sale, and all the hallmarks of the traditional moviegoing experience. You know, things like new movie trailers, waiting in line with other humans, and racing back to your seat from the restroom before the climactic battle of the latest summer comic book movie blockbuster. *(Can somebody tell me what I missed?)*

Tickets are available for purchase at the **Community Rec Center's Cash Cage** to the far left of the **Cinema 77** entrance, or you can buy them online.

[Click here](#) for showtimes, or sign up for our [Movie Release Newsletter](#) to receive a weekly movie schedule in your email's inbox.

Special Events



Atsugi youth pose for a photo at MWR Atsugi's annual "Great Pumpkin Patch" fall festival.

Community is *vital* to **NAF Atsugi**. Part of our mission is to provide opportunities to enliven and enrich your sense of community as you find your footing in this new culture. **MWR** is proud to host numerous special events throughout the year that bring people — and traditions — together.

MWR works hand-in-hand with **Navy Entertainment** to bring high-quality performers here for your enjoyment. You can get a good sense of previous events by visiting our [Facebook page](#); however, some of our annual events include:

- **The Great Pumpkin Patch Fall Festival** — Recommended by a previous community member, this autumn-themed gathering has become a huge hit! Families travel to the pumpkin patch to enjoy pumpkin decorating and other fall activities.
- **Holiday Tree Lighting** — Polar Northman *Mr. Claus* is known to make an appearance at this holiday event at **Taylor Field** where families gather to count down the Tree Lighting and warm up with hot treats and live music.
- **MWR** plays a role in open base events (*in normal times*) such as **Springfest** and **Bon Odori**, where Japanese and American cultures come together for a unique event honoring each other's traditions with live music, food, and inflatable toys for kids.

Community Recreation Center

The Comm Rec Center in Building 77 is a chill space with billiards, slots, arcade games, and more. Connect to the free wi-fi and surf the web on your phone, or check out the **Slot Game Room** if you're 18 or older. As mentioned above, the **Rec Center** is also home to the **Cash Cage**, where you can purchase movie tickets.

Children under the age of 13 must be with a parent or guardian inside the facility. If you're between 13 and 17, you will need to show your dependent I.D. card.

Bowling

The Bowling Center in Building 77 houses 10 lanes of excitement with an animated scoring system and bumper bowling for kids. The staff are super helpful, and they have a *bowling pro* who can assist you with any questions or lessons to improve your bowling game. (So *that's* why it's called **The Pro Shop**...) You can also purchase bowling equipment, or have your bowling balls drilled, resurfaced, and more. They've got great prices, too, including package deals. Check out more info on the [Bowling page](#).

Liberty Program

The Liberty Program connects Sailors E6 and below (18–26 years old) with recreational, sports, and leisure activities, as well as entertainment, Japanese language

lessons, Liberty trips, and more.



The Liberty Center is a cozy chill room with big-screen TVs, leather seating, gaming consoles, free wi-fi and computers, massage chairs, and its own mini movie theater with a library of games and movies to enjoy. Be aware that access to **The Liberty Center** is via the **Cinema 77** entrance only.

Tours & Travel

While solo travel is much easier these days with a bevy of GPS and translation apps available out there, the perks of an **ITT Tour** include bus transportation to and from your destinations with no hassle at all, plus the wisdom of your local guide who will help you enjoy your trip to the max!

From mountainous hikes and excursions to sumo matches, festivals, and theme parks — let **ITT** be your passport to Japan!



Awa dancing team performing at the 42nd Kanagawa Yamato Awa Odori Dance on the street in Yamato City. Photo by JianGang Wang.

The **Tours & Travel** office is located in Building 978, and sign -ups begin the first Tuesday of every month.

- *Due to current COVID policies, you must sign up in person or by phone, just call 0467-63-3786.*

Gear Rental

Planning a trip to brave the great outdoors? Visit **Gear Rental** in Building 978 for everything you'll need to survive the hostile wilderness. (Okay, it's actually not really hostile at all, comparatively speaking. In fact, Japan's woodlands are often peaceful and beautiful in many areas.) Here at **Gear Rental**, you can snag sports and camping equipment like bikes and safety gear, ski and snow equipment, tents and camping essentials, fishing rods, boogie boards, and more.



Snowboarding in Northern Japan.

What's also great is the staff are knowledgeable about the local area and might recommend an "off-the-beaten-path" adventure you may not find anywhere else.

Gear Rental can fix up your bike, too, before your next big ride to the uncharted territories out yonder. Check out a complete list of gear and equipment [here](#), and have a look at the [Gear Rental web page](#) for more information.

Library

Are you searching for a new tome to read at your leisure? Are you someone who gets a thrill from browsing special collections? Yes, they have movies and video games too...

The Atsugi Library can be found on the second floor of Building 949, fully stocked with enough media to entertain, educate, and expand your mind — for decades. We're talking books of all genres (including a special Japanese language and culture section), DVDs, audiobooks, video games, and learning software. Just sign up for a library card and *boom*, you're ready to start placing holds and checking out the goods. There's also

a playful children's room, study areas, and a computer zone for serious cyberspace surfers. Just remember to come back to Earth before they close up shop. (You've seen *Night at the Museum*, right?)



Sheep-to-Sweater event at Atsugi Library.

Visit the [Library page](#) to learn how to access the digital library from your personal device!

Auto Skills

Save money on vehicle repairs by doing them yourself at **The Automotive Skills Center (ASC)** near **East Gate**. The **ASC** provides tools for common car maintenance and repair work, and the staff are great resources for learning the ropes. The facility also gives free monthly “how-to” maintenance classes, including changing oil, tire rotation, snow chain installation, and vehicle inspections.

You must be 16 years old or above to use the facility without supervision, and those under age 11 are prohibited from access. Visit the [Auto Skills page](#) for more info.

Boarding Kennel

“We actually really like it here. Woof!” — Bruno the Labrador



The Boarding Kennel in Building 26 is one of the trickier facilities to find on **NAF Atsugi**, tucked away at the end of the lane down from the **Vehicle Registration Office (VRO)** near the *Main Gate*. But it’s one of the best kennel facilities in the region, too.

The Kennel is equipped with 11 spacious indoor/outdoor enclosures for dogs, and indoor rooms for cats. In fact, this facility was originally a temporary home for military working dogs on the base, so you know your pets have it made in the shade. Dogs are walked twice daily, and all furry guests are treated with care and compassion.

Visit the [Boarding Kennel web page](#) for more information.

[Hey, would you like to know a *little secret*? There's a "dog park" on base where your pets can be unleashed for some free roaming time. It's in a residential area somewhat close to **Ranger Fitness Center**; however, we'll leave it to you for the detective work. **The Kennel** can give you directions, or you can send us a message through [Facebook](#) if you need help finding it. Just follow the sound of frolicking furballs...]

Child & Youth Programs (CYP)

Moving to a new place is daunting! Before taking that first step, parents want to know what resources they can expect for their kids. The stress that comes with a PCS affects our youth, too, and it can sometimes be a challenge helping them prepare for that transition and to adjust when everyone's settled in.

Thankfully, **Child & Youth Programs (CYP)** on **NAF Atsugi** offers care and resources for children of *all ages* — from infants to teens. Their programs are designed to meet the needs and challenges unique to military families. One excellent resource for newcomers with kids is the **School Liaison Officer (SLO)** who is here to help you and your family conquer these challenges in your transition to Japan. [Click here](#) for **SLO** contact information.



Armed Forces Kids Run at NAF Atsugi's Reid Field.

Here is a list of **CYP** programs and facilities on base:

- *Be aware that many CYP programs are currently restricted or suspended due to existing Covid-19 policies.*
- **The Child Development Center (CDC)** in Building 3250 provides full-day, part-day and hourly care for children ages six weeks to five-years-old. The rooms are separated by age groups and fully stocked with age-appropriate toys and activities. Kids often bring home their artistic creations to share with parents, and the certified, nurturing staff love to give updates on your child's progress. Don't be surprised if, at the end of day, your little tyke doesn't want to leave!
- **School Age Care (SAC)** is located in Building 286, across the street from the **CDC**. The facility offers before and after school care, hourly care, and full-day camp programs during school vacation periods. It's a spacious kid's facility featuring programming in partnership with *Boys and Girls Clubs of America* and offering opportunities such as Power Hour (homework club), creative arts, gaming, and a variety of clubs based on youth interests.

- **The Atsugi Teen Center** in Building 294, right next to **SAC**, serves youth in grades six to twelve. Tweens and teens are welcome to participate in programs and activities after school or all day on no-school days. There's an academic room with computers, laptops and everything needed for success at school. Then there's a room exclusively for High School students, creative arts, arcade room, video game room, and musical equipment including a full drum kit. (*Who's ready to jam?*) **The Teen Center** also hosts special teen-centric trips and events.
- The **Youth Sponsorship Program** is offered for youth in third to 12th grades and partners incoming youth with a local sponsor to assist in their transition. Members may participate in special free activities and trips to orient them with the community and life in Japan. You can complete a Youth Sponsorship application prior to arrival here.
- The **Youth Sports and Fitness (YSF)** program is housed in the **CDC** building and serves youth from ages three through 18. Young ones can stay active year-round by participating in a variety of sports leagues, summer camps and seasonal outdoor trips. For the kiddos ages three to five, **YSF** offers the *Start Smart* program to help develop motor skills in a fun and non-competitive environment.
- **CYP Instructional Classes** and *volunteer opportunities* are also available. [Visit here](#) for more information.

[Ready for another *small secret*? If you have a kid who loves to skateboard or roller blade, they're in luck! **NAF Atsugi** has a **Skate Park** near the **Ranger Ball Fields**. So gear up (helmets are required), and get your *ollie* on at the **Skate Park**.]

That's all we've got for today! Enjoy your time at **NAF Atsugi**, and remember — if you've got questions, **MWR Atsugi** is here to help.

Was this blog post helpful to you? Are we missing something? Let us know with an email at m-at-mwr-marketing@fe.navy.mil or drop us a line on [Messenger](#).

またね! *Mata ne!* (Japanese for "see you later!")